

Cobequid Trail Run Course Record Holders

Male Course Record Holders

5 km

Year	Name	Hometown	Atlantic Chip Time
2016	Jake Wing	Halifax, NS	15:26:00

10km

Year	Name	Hometown	Atlantic Chip Time
2016	Brendan Gemmell	Winnipeg, MB	32:48:00

Half Marathon

Year	Name	Hometown	Atlantic Chip Time
2016	Grayden Snider	Halifax, NS	1:11:28

Female Course Record Holders

5 km

Year	Name	Hometown	Atlantic Chip Time
2019	Paula James	Windsor, NS	18:36:00

10km

Year	Name	Hometown	Atlantic Chip Time
2018	Emily Hamilton	Halifax, NS	38:27:00

Half Marathon

Year	Name	Hometown	Atlantic Chip Time
2016	Denise Robson	Dartmouth, NS	1:22:57

If you are interested in registering for the Cobequid Trail Run please contact Colchester Recreation at 902-897-3185 or visit our website www.colchester.ca

